



Humber Teaching

NHS Foundation Trust

Freedom of Information Request **19 181**

Our Reference: FOI 19 181 / AA / LP
Name:
Date: 10th September 2019
Address:

Dear

Further to your Freedom of Information Request, please find the Trust's response below:

On the 14th May we launched Diabetes UK's report and campaign addressing the links between diabetes and emotional and mental health.

We know there is encouraging work being done in this area, and we want to know more about where these services are being provided, and how many people living with diabetes are accessing them.

To do this, we have enclosed a Freedom of Information request with questions on the services you provide and those accessed by people living with diabetes in your area.

If this request is unclear, we would be grateful if you could contact us at this email address, policy@diabetes.org.uk, as I understand that under the Act, you are required to advise and assist requesters. If any of this information is already in the public domain, please direct us to it, with page references and URLs if necessary.

If the release of any of this information is prohibited on the grounds of breach of confidence, please supply us with copies of the signed confidentiality agreement.

We understand that you are required to respond to our request within the 20 working days after you receive this letter, and would be very grateful if you could send responses to policy@diabetes.org.uk. We would be grateful if you could confirm that you have received this request at this same email address.

We hope to work with stakeholders such as yourselves, to collect and share best practice and see what practical changes we can make at a local system level to improve the emotional and mental health support people living with diabetes receive. This request will help us better understand the good work which is happening and promote good practice examples.



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Theme	Question	Answers
Mental health professional in diabetes service	1. How many specialist adult diabetes multi-disciplinary teams operate within the Trust?	2
	2. How many people are currently under the care of each specialist adult diabetes multi-disciplinary team within the trust?	9
	3. How many whole time equivalent mental health professionals are employed as part of each specialist adult diabetes multi-disciplinary team, and which part of the service are they aligned to? If there are no mental health professionals employed within the service, but there is a collaboration with Improving Access to Psychological Therapies-Long Term Conditions (IAPT-LTC), please give details of this instead.	1

Kindly note as follows:

Humber Teaching NHS Foundation Trust ('the Trust') have specialist diabetes staff within its Scarborough and Ryedale region who are part of the MDT however, there are no mental health professionals as part of that team and patients are referred on to the local IAPT service if required. Whilst we have included this team within our response to question 1, we have not provided information relating to questions 2 and 3.

The Trust also has a team of specialist practitioner's within its Mental Health Liaison Service who have contact with the Diabetes Service on one day per week, not including annual leave. The response to questions 2 and 3 is therefore in respect of this team.



Kind regards,

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<https://www.humber.nhs.uk/about-our-trust/freedom-of-information-enquiry-form.htm>



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