



Infection Prevention and Control

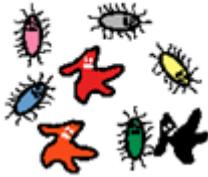
Patient and visitor
information – Easy
Read



Our Trust wants to help stop people getting infections.

This leaflet tells you about infections and what you can do to help.

What causes infections? (Germs)



Germs can move from one person to another



Touching patient or things that has germs



Not washing our hands after going to the toilet

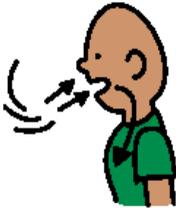


Touching animals

Infections can happen if germs enter the body by:



Swallowing



Breathing



A drip or urine catheter
(tube)

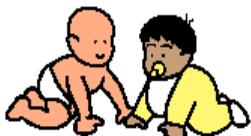


Wounds or cuts

Infections (germs) can happen anywhere.
People most likely to become unwell (poorly) are:



People having operations



Young people and older people

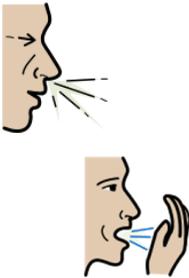


How can you help?

Please tell us if you have:



Stayed in hospital

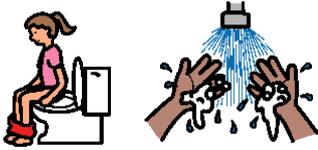


Have a cold
(runny nose, coughing)



Have sickness or diarrhoea
(tummy upset)

If you are in hospital:



Wash your hands after using the toilet



Wash your hands before you eat



Wash and keep clean

If you are a Visitor:



Don't visit the ward if you are poorly

What is our Trust doing to help?

We are telling our staff, patients and visitors about:



Training (teaching)



Handwashing



Cleaning

Complaints and Feedback Team
Humber Teaching NHS Foundation Trust
Trust Headquarters
Willerby Hill
Beverly Road
Willerby
HU10 6ED



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