

## Freedom of Information Request **20 028**

**Our Reference:** FOI 20 028 / AA / LP  
**Name:**  
**Date:** 28<sup>th</sup> February 2020  
**Address:**

Dear

Further to your Freedom of Information Request, please find the Trust's response below:

I am currently researching into the provision of outpatient adult mental health services and would be grateful if you could answer the following questions:-

How many referrals to outpatient adult mental health services were received in 2019 (Jan 1st to Dec 31st) inclusive compared with 2018?

How many of these referrals were rejected/deemed inappropriate in 2019 compared to 2018?

Humber Teaching NHS Foundation Trust ('the Trust') can confirm the following:

		2018	2019	Total
Age 18 - 64	Rejected	590	510	1,100
	Accepted	4,035	4,564	8,599
	Total	4,625	5,074	9,699
Age 65+	Rejected	481	555	1,036
	Accepted	3,173	2,893	6,066
	Total	3,654	3,448	7,102
	Grand Total	8,279	8,522	16,801



Please note that referrals are not rejected by the Trust but can be deemed inappropriate.

Were eligibility criteria applied to the referral in 2019?, and if so did they include:

The existence of a co-morbidity which excluded support from the service (eg substance mis-use) - No

The condition was not serious enough to meet the threshold for eligibility - Yes, where appropriate intervention can be provided in Primary care/ 3rd Sector

The duration of the illness was not long enough - No

No diagnosable mental health condition found, hence unsuitable for the service – Yes, assessment would be undertaken by the Single Point of Allocation and refer service users to the Community adult mental health teams only when an existing need was identified

The service lacked the capacity to support the patient - No

If eligibility criteria were applied to the referrals, did the criteria become stricter in 2019 compared to 2018 – Pathways of care were redefined ensuring the most appropriate intervention for the service user was recommended

Were any patients rejected because the service lacked the capacity to support the patient in 2019 or in 2018? - No

Kind regards,

Freedom of Information Team  
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<https://www.humber.nhs.uk/about-our-trust/freedom-of-information-enquiry-form.htm>



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