

Freedom of Information Request **19 001**

Our Reference: FOI 19 001 / AA / LB / PF / PB
Name:
Date: 7 March 2019
Address:

Dear

Further to your Freedom of Information Request, please find the Trust's response below:

Demographics of pregnant women

*What is the number of women from BME backgrounds who have given birth in 2014, 2015,2016, 2017 and 2018 ? * See below.*

*What is the number of women who have given birth within each age category of under 16 years of age, 16-19 years, 20-24 years, 25-29 years, 30-34 years, 35-39 years, 40-44 years, 45-50 years, over 50 years, for 2014, 2015, 2016, 2017, 2018? * See below.*

*What is the number of women who have given birth in 2014,2015,2016,2017,2018 for whom English is not a first language? * See below.*

*What is the number of single parent families in 2014,2015,2016,2017,2018? * See below.*

*What is the number of families conceiving via assisted reproduction technologies (including but not limited to IVF, donor egg, donor sperm, surrogacy) in 2014,2015,2016,2017,2018? * See below.*

*What is the number pregnancies rated as high-risk pregnancies in 2014,2015,2016,2017,2018? * See below.*

*What were the number of elective caesareans in 2014,2015,2016,2017,2018? * See below.*

*What were the number of emergency caesareans in 2014,2015,2016,2017,2018? * See below.*

*What were the number of pre-term births in 2014,2015,2016,2017,2018? * See below.*

*What were the number of pre-term babies transferred to another NHS Trust (e.g. for more intensive case, access to other services) in 2014,2015,2016,2017,2018? * See below.*

*What were the number of home births in 2014,2015,2016,2017,2018? * See below.*

*What were the number of home births transported to hospital via ambulance during or after labour in 2014,2015,2016,2017,2018? * See below.*

Humber Teaching NHS Foundation Trust does not have an antenatal unit therefore we cannot provide this information. You may wish to approach the acute Trust, Hull University Teaching Hospitals NHS Trust for a response to those questions indicated with a *.

Screening and treatment for mental health during pregnancy

Are women currently screened for mental health problems during pregnancy?

Yes, Humber Teaching NHS Foundation Trust follows NICE guidance for screening woman for mental health problems during pregnancy.

Are men currently screened for mental health problems during pregnancy?

If a father is present at contact with a pregnant woman, the service would ask about mental health, but fathers are not routinely screened during pregnancy.



If men and women are screen for mental health problems during pregnancy, how are they screened?

Humber Teaching NHS Foundation Trust follows NICE guidance when screening for mental health problems during Pregnancy. This includes the use of a Patient Health Questionnaire and the Edinburgh Postnatal Depression Scale (EPDS).

What services are offered to those suffering from mental health problems during pregnancy?

The Specialist Perinatal Mental Health Team offer psychological treatments, pharmacological treatments and social interventions for women with depression after pregnancy. This is in line with NICE guidance (see link below) and is dependent upon individual clinical need.

<https://www.nice.org.uk/guidance/CG192>

What information is given to those suffering with mental health problems during pregnancy?

Hand held parent child health records include information on emotional health and signpost to available services.

What is the number of women identified as having mental health issue during pregnancy in 2014, 2015, 2016, 2017, and 2018? Please indicate the numbers in each of the following categories; depression, anxiety and psychosis.

Humber Teaching NHS Foundation Trust does not hold this information. When recording a mental health condition on a patient record, it is not recorded if this is during pregnancy.

How long was the waiting list for psychological treatment during pregnancy in 2014,2015,2016,2017,2018?

Humber Teaching NHS Foundation Trust currently does not have a waiting list for psychological treatment during pregnancy. We do not hold details of previous year's waiting lists.

What was the number of women prescribed anti-depressants during pregnancy in 2014,2015,2016,2017,2018?

Humber Teaching NHS Foundation Trust does not hold this information. When recording a prescription of anti-depressants on a patient record, it is not recorded if this is during pregnancy.

What was the number of suicides during pregnancy in 2014,2015,2016,2017,2018?

Humber Teaching NHS Foundation Trust does not hold this information. A Coroner would determine whether a death was by suicide. You may wish to approach the local authority, Hull City Council, for further information in this regard.

What is the number of fathers identified as having mental health issues in 2014,2015,2016,2017,2018?

Humber Teaching NHS Foundation Trust does not hold this information. Men are not treated by the Perinatal Mental Health Service. If a man accesses a mental health service, it is not recorded that this is related to being a father.

What treatment is offered to those experiencing mental health problems during pregnancy?

The Specialist Perinatal Mental Health Team offer psychological treatments, pharmacological treatments, and social interventions for women with depression after pregnancy. This is in line with NICE guidance (see link below) and is dependent upon individual clinical need.

<https://www.nice.org.uk/guidance/CG192>



Do you have pregnancy support groups?

Humber Teaching NHS Foundation Trust work in conjunction with Local Authorities in the area we cover to deliver Parentcraft Programme group sessions. Other group sessions are delivered by the Local Authorities in this area.

What is the number of mental health specialists working within the antenatal unit?

Humber Teaching NHS Foundation Trust does not operate an antenatal unit. You may wish to direct this question to the acute Trust, Hull University Teaching Hospitals NHS Trust for a response.

What is the number of qualified mental health professionals working within each service who offer treatment for antenatal mental health problems?

Humber Teaching NHS Foundation Trust have 14 qualified mental health professionals in the Perinatal Mental Health Service.

What is the lowest age of women referred during pregnancy for mental health problems?

Humber Teaching NHS Foundation Trust does not hold this information. In recording a mental referral on a patient record, it is not recorded if this is during pregnancy.

Pregnancy information

What methods are used to deliver information to expectant parents during pregnancy?

Humber Teaching NHS Foundation Trust use group contacts, 1:1 appointments, signposting in hand held notes and Trust website to share information to expectant parents.

What types of written information is given to expectant parents during pregnancy?

Humber Teaching NHS Foundation Trust provide parent held child health record and appropriate leaflets on health promotion.

Does written information given during pregnancy contain information about mental health?

Yes – the parent held child health record contains information on mental health.

Can you provide examples of the written information given to women about mental health during pregnancy? (e.g. enclose a copy of the leaflet, take a photo of information, or provide a weblink).

Information relating to the parent held child record is viewable online at - <https://www.rcpch.ac.uk/resources/personal-child-health-record-pchr>

Is written information about pregnancy offered in languages other than English?

No. Humber Teaching NHS Foundation Trust Integrated Specialist Public Health Nursing Service does not currently translate leaflets into other languages.

If written information is provided in other languages, which languages is the information provided in?

Please see response above.

Postnatal information and mental health

*What support offered to women who had a traumatic birth? * See below.*

*What support offered to men who had a traumatic birth? * See below.*

*Is written information offered after a traumatic birth? * See below.*

*Is counselling offered after a traumatic births? * See below.*

*Are additional follow-up appointments standard after discharge from a traumatic birth? * See below.*



This information is not held by Humber Teaching NHS Foundation Trust. You may wish to approach the acute Trust, Hull University Teaching Hospitals NHS Trust for a response to those questions indicated with a *.

What are the numbers of women identified as having postnatal depression?

Humber Teaching NHS Foundation Trust does not hold this information. In recording an episode of depression on a patient record, it is not separated into pre or post-natal.

What are the numbers of men identified as having postnatal depression?

The Specialist Perinatal Mental Health Team does not currently offer a service to men.

What are the numbers of women identified with postnatal anxiety?

Humber Teaching NHS Foundation Trust does not hold this information. When recording an episode of anxiety on a patient record, it is not separated into pre or post-natal.

What are the numbers of men identified with postnatal anxiety?

The Specialist Perinatal Mental Health Team does not currently offer a service to men.

What are the numbers of women with postnatal psychosis?

Humber Teaching NHS Foundation Trust does not hold this information. When recording an episode of psychosis on a patient record, it is not separated into pre or post-natal.

What are the numbers of men with postnatal psychosis?

The Specialist Perinatal Mental Health Team does not currently offer a service to men.

How long is the waiting list for psychological treatment for women and for men identified with mental health problems during the postnatal period?

Humber Teaching NHS Foundation Trust has a Perinatal Mental Health Team that can provide care to woman and there is no waiting list for women who need to access psychological treatment through the Team. The Perinatal Mental Health Team at Humber Teaching NHS Foundation Trust does not treat men.

Some patients – men and woman will access psychological treatment via Primary Care. Humber Teaching NHS Foundation Trust would not hold information on the waiting times for these services.

How many in-patient “mother and baby” psychiatric beds do you have?

Inpatient mental health mother and baby beds are commissioned nationally. Our regional provider is Leeds Mother and Baby Unit. There are 8 beds.

What types of treatments are offered to women with depression after pregnancy?

The Specialist Perinatal Mental Health Team offer psychological treatments, pharmacological treatments, and social interventions for women with depression after pregnancy. This is in line with NICE guidance (see link below) dependent upon individual clinical need.

<https://www.nice.org.uk/guidance/CG192>

What types of treatments are offered to men with depression after pregnancy?

The Specialist Perinatal Mental Health Team does not currently offer a service to men.



What types of treatments are offered to women with anxiety after pregnancy?

The Specialist Perinatal Mental Health Team offer psychological treatments, pharmacological treatments, and social interventions for women with depression after pregnancy. This is in line with NICE guidance (see link below) and is dependent upon individual clinical need.

<https://www.nice.org.uk/guidance/CG192>

What types of treatments are offered to men with anxiety after pregnancy?

The Specialist Perinatal Mental Health Team does not currently offer a service to men.

What types of treatments are offered to women and men with psychosis after pregnancy?

The Specialist Perinatal Mental Health Team offer psychological treatments, pharmacological treatments, and social interventions for women with depression after pregnancy. This is in line with NICE guidance (see link below) and is dependent upon individual clinical need.

<https://www.nice.org.uk/guidance/CG192>

What types of treatments are offered to men with psychosis after pregnancy?

The Specialist Perinatal Mental Health Team does not currently offer a service to men.

Kind regards,

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<https://www.humber.nhs.uk/about-our-trust/freedom-of-information-enquiry-form.htm>

