

## Freedom of Information Request 19 140

**Our Reference:** FOI 19 140 / AA / LB / LP  
**Name:**  
**Date:** 1<sup>st</sup> August 2019  
**Address:**

Dear

Further to your Freedom of Information Request, please find the Trust's response below:

*This project aims to review how adult mental health services meet the needs of Polish people. I would like to request, under the Freedom of Information Act, the following information regarding all adult mental health services provided by your trust:*

Please note that throughout this response, in order to adhere to best practice in maintaining confidentiality the Trust does not publish numbers lower than 5 as this could lead to the identity being revealed. Exemption – Section 40(2) of the Freedom of Information Act is applied. To disclose the information requested would be in breach of the Data Protection Act (2018).

- 1) *The number of people seen by adult Mental Health Services in the latest year for which you have complete data, by ethnicity (specify which year please). If possible, please break this down further by gender and age.*

Humber Teaching NHS Foundation Trust can confirm that 8622 patients were seen by Adult Mental Health Services for the period 01/04/2018 to 31/03/2019. The patients are summarised below:

Ethnicity	Female	Male	Not known
Not Known	79	85	0
Any Other Ethnic Group	26	41	0
Asian or Asian British - Any other Asian background	9	18	0
Asian or Asian British - Bangladeshi	5	5	0
Asian or Asian British - Indian	9	10	0
Asian or Asian British - Pakistani	11	7	0
Black or Black British - African	17	16	0
Black or Black British - Any other Black background	5	6	0
Black or Black British - Caribbean	0	7	0
Mixed - Any other background	13	9	0
Mixed - White and Asian	11	7	0
Mixed - White and Black African	5	Less than 5	0
Mixed - White and Black Caribbean	6	7	0
Not Known	39	36	0
Not Stated	51	53	0
Other Ethnic Group - Chinese	6	Less than 5	0



White - Any other White background	86	66	0
White - British	4,216	3,624	Less than 5
White - Irish	12	12	0
			TOTAL
			8,622

2) The number of people seen by adult Mental Health Services in the latest year for which you have complete data, by nationality. If possible, please break this down by gender and age.

Nationality	Female	Male	Not known
Not Known	1,908	1,781	0
Afghan	0	Less than 5	0
African	0	Less than 5	0
Australian	0	Less than 5	0
Belarusian	Less than 5	0	0
Bosnian	0	Less than 5	0
Brazilian	Less than 5	Less than 5	0
British	466	344	0
Chinese	Less than 5	0	0
Czech	Less than 5	0	0
Danish	0	Less than 5	0
Egyptian	Less than 5	0	0
English	181	132	0
French	Less than 5	0	0
German	Less than 5	0	0
Greek	Less than 5	0	0
Indian	Less than 5	Less than 5	0
Iranian	0	Less than 5	0
Iraqi	Less than 5	Less than 5	0
Latvian	Less than 5	Less than 5	0
Lithuanian	0	Less than 5	0
Moroccan	0	Less than 5	0
Nigerian	0	Less than 5	0
None	0	Less than 5	0
Not Specified	2,011	1,722	Less than 5
Pakistani	Less than 5	0	0
Pole or Polish	13	5	0
Portuguese	0	Less than 5	0
Romanian	Less than 5	Less than 5	0
Russian	Less than 5	Less than 5	0
Scottish	Less than 5	0	0
Somali	0	Less than 5	0
South African	Less than 5	0	0
Spanish	0	Less than 5	0
Sri Lankan	Less than 5	0	0
Turk or Turkish	Less than 5	Less than 5	0
Zimbabwean	Less than 5	0	0
			TOTAL
			8,622



- 3) The number of people seen by adult Mental Health Services in the latest year for which you have complete data, by country of birth. If possible, please break this down by gender and age.

Country of Birth	Female	Male	Not known
Not Known	2,170	2,004	0
Afghanistan	0	Less than 5	0
Bosnia and Herzegovina	0	Less than 5	0
Canada	Less than 5	0	0
England	19	15	0
Germany	Less than 5	0	0
Greece	Less than 5	0	0
India	Less than 5	0	0
Iran	0	Less than 5	0
Not stated	Less than 5	Less than 5	0
Pakistan	Less than 5	0	0
Poland	Less than 5	Less than 5	0
Russia	Less than 5	0	0
Scotland	Less than 5	0	0
Sierra Leone	0	Less than 5	0
South Africa	Less than 5	0	0
Turkey	Less than 5	Less than 5	0
Uganda	Less than 5	0	0
United Arab Emirates	0	Less than 5	0
United Kingdom	2,397	1,983	Less than 5
United States of America	0	Less than 5	0
Zimbabwe	Less than 5	0	0
<b>TOTAL</b>			<b>8,622</b>

- 4) [If not provided an answers to Qs 1-3] the number of times Polish people used your Adult Mental Health Services in the latest year for which you have data? If possible, please break this down by gender and age.

N/A- Questions 1 to 3 answered.

- 5) The number of times a Polish interpreter was used within adult mental health services in the past year

I am sorry to inform you that Humber Teaching NHS Foundation Trust does not hold the information that you have requested. The Trust does not record the number of translating and interpreting services accessed.

- 6) The number of people for whom the Mental Health Act was used in the past year, broken down by Ethnicity, Nationality and/or Country of Birth

Humber Teaching NHS Foundation Trust can confirm that the Mental Health Act was used with 879 patients for the period 01/04/2018 to 31/03/2019. The patients are summarised below:

Ethnicity	Number of Patients
Not Known	13
Any Other Ethnic Group	15
Asian or Asian British - Any other Asian background	5
Asian or Asian British - Bangladeshi	Less than 5
Asian or Asian British - Indian	5
Asian or Asian British - Pakistani	Less than 5



Black or Black British - African	10
Black or Black British - Any other Black background	Less than 5
Black or Black British - Caribbean	Less than 5
Mixed - Any other background	6
Mixed - White and Asian	Less than 5
Mixed - White and Black African	Less than 5
Mixed - White and Black Caribbean	Less than 5
Not Known	6
Not Stated	7
Other Ethnic Group - Chinese	Less than 5
White - Any other White background	30
White - British	759
White - Irish	Less than 5
Total	879

Nationality	Number of Patients
Not Known	324
Argentine	Less than 5
British	92
Bulgarian	Less than 5
Czech	Less than 5
English	36
German	Less than 5
Iranian	Less than 5
Iraqi	Less than 5
Latvian	Less than 5
Lithuanian	Less than 5
Not Specified	403
Pakistani	Less than 5
Pole or Polish	7
Portuguese	Less than 5
Romanian	Less than 5
Russian	Less than 5
Spanish	Less than 5
Zimbabwean	Less than 5
Total	879

Country of Birth	Number of Patients
Not Known	375
Angola	Less than 5
England	Less than 5
Germany	Less than 5
Pakistan	Less than 5
United Kingdom	498
Zimbabwe	Less than 5
Total	879



7) The number of times the four most frequently used psychiatric diagnoses were used in the past year, broken down by Ethnicity, Nationality and/or Country of Birth

Humber Teaching NHS Foundation Trust has used the four most frequently used psychiatric diagnoses 1374 times for the period 01/04/2018 to 31/03/2019. The patients are summarised below:

<b>Ethnicity</b>	<b>Number of Times</b>
Any Other Ethnic Group	18
Asian or Asian British - Any other Asian background	8
Asian or Asian British - Indian	Less than 5
Asian or Asian British - Pakistani	Less than 5
Black or Black British - African	15
Black or Black British - Any other Black background	12
Black or Black British - Caribbean	Less than 5
Mixed - Any other background	10
Mixed - White and Asian	5
Mixed - White and Black African	Less than 5
Mixed - White and Black Caribbean	Less than 5
Not Known	Less than 5
Not Stated	5
White - Any other White background	26
White - British	1,258
White - Irish	7
<b>Total</b>	<b>1,374</b>

<b>Nationality</b>	<b>Number of Times</b>
Not Known	388
Australian	Less than 5
British	164
English	124
German	Less than 5
Lithuanian	Less than 5
Nigerian	Less than 5
Not Specified	672
Pole or Polish	14
Romanian	Less than 5
Zimbabwean	Less than 5
<b>Total</b>	<b>1,374</b>

<b>Nationality</b>	<b>Number of Times</b>
Not Known	475
England	Less than 5
Germany	Less than 5
Uganda	Less than 5
United Kingdom	893
Zimbabwe	Less than 5
<b>Total</b>	<b>1,374</b>



8) *The number of people that received psychological therapies in the past year, broken down by Ethnicity, Nationality and/or Country of Birth*

*Clarity received 04/07 – Psychological Therapies has been defined as “Any Records of Psychological Intervention”.*

Humber Teaching NHS Foundation Trust would advise that this information is already published and can be viewed at the following webpage:

<https://digital.nhs.uk/data-and-information/publications/statistical/psychological-therapies-annual-reports-on-the-use-of-iapt-services>.

9) *Does your trust have a policy, programme or initiative that focuses on ethnicity/diversity/cultural competence/race inequality relating to:*

*a. The provision of adult mental health services?*

*b. Operational aspects of mental health services e.g. staffing / recruitment / support?*

*If yes, please include the policy/policies in your response.\**

Humber Teaching NHS Foundation Trust have an Equality, Diversity and Inclusion Annual Report for 2018/19 to highlight what achievements the Trust have met for the 2018/19 financial year and to provide priorities for the Trust in 2019/20. This will cover staff, patients, carers and leadership. This is awaiting ratification by the Trust and so cannot be shared at this time.

The Trust Equality, Diversity and Inclusion Policy is specific to staff. Please find a copy attached.

Guidance to staff on the use of Interpretation Services is available via the Trust intranet accessible by all Trust staff. Browsealoud is available to users of the Trust external website.

10) *What number of adult Polish people are in your catchment area?*

Humber Teaching NHS Foundation Trust does not hold the information requested. This information may be held by the CCG. Our services will cover Hull CCG, East Riding CCG and North Yorkshire CCG.

11) *What is the adult population of your catchment area?*

Humber Teaching NHS Foundation Trust does not hold the information requested. This information may be held by the CCG. Our services will cover Hull CCG, East Riding CCG and North Yorkshire CCG.

Kind regards,

Freedom of Information Team  
**Humber Teaching NHS Foundation Trust**  
Mary Seacole Building  
Willerby Hill  
Willerby  
HU10 6ED

<https://www.humber.nhs.uk/about-our-trust/freedom-of-information-enquiry-form.htm>



[www.humber.nhs.uk](http://www.humber.nhs.uk)



Caring, Learning and Growing

