

Freedom of Information Request 21 004

Our Reference: FOI 21 004 / AA / LA / LP
Name:
Date: 26 February 2021
Address:

Dear

Further to your Freedom of Information Request, please find the Trust's response below:

- Between 2018 and 2021 what percent of those referred to your eating disorder service are refused access? (adult and children)

Humber Teaching NHS Foundation Trust ('the Trust') is unable to provide the information requested as the Trust is not commissioned to provide an adult eating disorder service. You may wish to redirect your request to the City Health Care Partnership who are the providers of the Hull eating disorder service for adults age 18 and above.

In relation to children's eating disorder services, all young people referred with a suspected eating disorder would be assessed. Where the young person meet the diagnostic criteria and service specification a service would not be refused. Where a young person does not meet this diagnostic criteria, they would be directed to a more appropriate service or agency.

- Between 2018 and 2021 what level of severity of illness are you commissioned to treat in eating disorder services for adults and children? E.g. can treat severe eating disorders, not very severe/moderate

Please see the response above in relation to adult eating disorder service. In relation to children services, the Trust are commissioned to provide mild, moderate and severe eating disorder. However kindly note, it is important not to categorise in children as they can deteriorate very quickly so all would be seen at least for assessment to determine the need of the child.

- Between 2018 and 2021 was your admission policy for children's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?

It is important not to focus on BMI when thinking about children and young people. There are many more factors that require consideration such as rate of weight loss, compensatory behaviours, restricted eating, anxiety about weight gain etc. Young people would be allocated to the Trust CAMHS eating Disorder Team if they have a diagnosis of anorexia, bulimia or binge eating disorder.

- Between 2018 and 2021 was your admission policy for adult's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?

N/A – please see the response to the first question.

- Currently how long is your waiting list (priority and normal) for adult patients to access eating disorder treatment? (as of September 2020-Jan 2021)

N/A – please see the response to the first question.

- Currently how long is your waiting list (priority and normal) for children patients to access eating disorder treatment? (as of September 2020 - Jan 2021)

As at 31 January 2021, there were 8 children on the waiting list for treatment.



- In your trust how many people have made appointments at CAMHS in the last 8 weeks to discuss an eating disorder?
[There have been 21 first appointments in the last 8 weeks.](#)
- In your trust how many people have made appointments for adult services in the last 8 weeks to discuss an eating disorder?
[N/A – please see the response to the first question.](#)
- Between 2018 and 2021 what was your rate of relapse for CAMHS eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?
[24% re-referred into any CAMHS service within any timeframe.](#)
- Between 2018 and 2021 what was your rate of relapse for adult eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?
[N/A – please see the response to the first question.](#)
- Between 2018 and 2021 what percentage of your patients who access treatment for adult eating disorder services are male?
[N/A – please see the response to the first question.](#)
- Between 2018 and 2021 what percentage of your patients who access treatment for CAMHS eating disorder services are male?
[12.4% of patients were male.](#)

Kind regards,

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<https://www.humber.nhs.uk/about-our-trust/freedom-of-information-enquiry-form.htm>

