

Freedom of Information Request **19 136**

Our Reference: FOI 19 136 / AA / LP
Name:
Date: 2nd July 2019
Address:

Dear

Further to your Freedom of Information Request, please find the Trust's response below:

I am professional head of physiotherapy at Tees Esk & Wear Valleys NHS trust and I am wanting to scope what other MH trusts do to promote physical activity as we are reviewing our provision

- a) Does your trust have any gyms?
Humber Teaching NHS Foundation Trust does not have any gyms.
- b) Who devises and supervises exercise programmes - physiotherapy, fitness instructor?
Mental Health Physiotherapists devise and supervise exercise programs as appropriate.
- c) Who can I contact for further information?
For further information, please contact:

Gillian Draper
Advanced Physiotherapist, Mental Health Physiotherapy
Humber Teaching NHS Foundation Trust
College House
Willerby Hill
Willerby
East Riding of Yorkshire
HU10 6ED

Kind regards,

Freedom of Information Team
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Mary Seacole Building
Willerby Hill
Willerby
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<https://www.humber.nhs.uk/about-our-trust/freedom-of-information-enquiry-form.htm>



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